

AMENDMENT

In the Claims:

1. (Amended) An integral disposable absorbent garment that may be worn about a human lower torso, said garment comprising:

a) a suspension sling for absorbing and containing body exudates, said suspension sling having longitudinally extending suspension sling side margins, a suspension sling distal end and a suspension sling proximal end, said suspension sling being suspendable in a wearer's crotch region; and

b) a waist belt having a first belt end secured to the suspension sling proximal end and a second belt end;

wherein the waist belt is capable of encircling a user's waist with the suspension sling suspended in the wearer's crotch region and the second belt end attached to the first belt end at the suspension sling proximal end.

13. (Amended) An absorbent garment kit that may be worn about a human lower torso, said garment kit comprising:

a) a waist belt having a first belt end, a second belt end, a first sling attachment location proximate the first belt end, and a second sling attachment location disposed between the first and second belt ends; and